



MAPLE GROVE

FARMERS MARKET

For Market Day — Thursday June 9, 2011

Every Thursday thru October 20
Hours: 3 to 7 p.m. 3 to 6 p.m. (Oct.)

Ready or not here we come! — Join us on Opening Day (June 9)

Summer has been playing a mean game of hide and go seek. But, we think we've finally found it!

Wondering how the vendors have fared through the winter? Well, your wait is over! Please join us this Thursday as we kick off another season filled with food and fun.

Food is always the main focus,

and there will be many recipes, activities, and demos that will hopefully inspire you as a Farmers Market Fan .

Through this newsletter and our Facebook page, you will learn more about the various aspects of the market and how you can be a part of it—from participating in the recipe contests or taking an informal

Market tour. There's so much to see, do, taste, smell (and buy!), we will keep you posted with all the "market insider" information.

Thank you for being part of this special community tradition, and we look forward to seeing you at the Market!

Kirsten, Carol and Theresa

Market Information Trailer has moved!

You'll find us in the middle of the southern most part of the market lot (by the skate park/volleyball court). We moved out to make room for more vendors!

Keep reading for the many reasons to stop by the Trailer, besides just saying hi!!!

Featured **PRODUCT** of the Week

We're already offering you a little summer R&R—Rhubarb and Radishes that is.

So is rhubarb a vegetable or a fruit? It's a very ornamental vegetable that is usually prepared and eaten much like a fruit. And it happens to be a perennial too, so you can enjoy this sweet-tart treat year after year.

Come by the Market Info Booth on June 9th for a couple rhubarb recipes. Good thing it is a cool weather crop since we had plenty of that this spring!

Radishes often get a bad rap—kind of like rhubarb—either you like it or you don't.

For the avid gardener or hopeless romantic, the radish culls its

Outside at the Maple Grove Community Center, 12951 Weaver Lake Road

www.MapleGroveFarmersMarket.com

763-494-5955

PRODUCT of the Week (cont'd)

romantic lore from the German fairytale Rapunzel. According to the fairy tale, a man owes a witch his first-born child for stealing a radish from her garden at the request of his pregnant wife. The child is kidnapped by the witch and named “Rapunzel” which translates to “radish”. Fast forward through a prince, a tower, some really long hair and you’re left with love.

True or not? No matter...it makes for a neat story. Radishes are a great early season standby that you can count on and just like love—comes in all shapes and sizes!

Things to do at the Market Information Trailer

Cookbook Swap — Bring an old cookbook and swap it out for a “new” one! (June 9th only)

Pick up your weekly Fresh Fare recipes!

Discover the Discover You Can! display—recipes, drawings, giveaways and great info about food preservation from the Ball Canning Company!

Pick up the 2011 farmers market brochure listing our vendors and their products!

Made a veggie plant purchase at Lynde Greenhouse in May? You may have received a ticket that is redeemable at the Market Info Trailer for some goodies!

Drop off a recipe for the contest (see below)!

Gathering place for 4:30 p.m. storytime (until you get the hang of the new story spot)!

Come by at 3:30 or 6 p.m. to join one of the Market tours (2nd and 4th Thursdays)

Eat Fresh, Live Well Recipe Contest

For June’s contest we are looking for your best grilling recipe—meat or veggie! Drop off on 6/9, 16, or 23 at the Market Info Trailer. Winner will be announced at the June 30th market.

The winner will receive a basket of yummy market goodies, and winning recipe will be distributed to Market shoppers! The top four recipes will be published on the Farmers Market website, and select recipes from participants will be included in our 2012 recipe booklet. Winning recipes will feature ingredients available at the Farmers Market and will include clear, easy-to-follow directions.

HAPPENINGS

THIS WEEK — JUNE 9

Ongoing

Fresh Fare -- Come to the Market Info Trailer for your weekly dose of free recipes!

Cookbook Swap -- Gather up your unused cookbooks and bring them to the Market today. Swap out one of your oldies but goodies cookbooks for someone else's!! The beginning of the Market season is a great time to gather inspiration from a good cookbook!

Master gardeners -- Get your flower, garden, pest and lawn care questions answered!

Discover You Can! The Market is thrilled to announce this exciting food preservation partnership with the Ball Canning Company. Stop by the Market Information Trailer to pick up valuable coupons, recipes, freebies and giveaways! Every week see the display of canning items to inspire you to explore this renewed trend in food preservation.

3:30 p.m. or 6 p.m.

How to Shop the Farmers Market Tour—Join Market Manager Kirsten for a brief tour either one of these times. Get to know our friendly vendors and ask your questions about shopping a farmers market! Tours start from the Market Information Trailer.

4:30 p.m.

Family storytime -- Every Thursday at 4:30 p.m. is the time for kids to "Grow with Great Stories". Storytime is held under a shady tree near the Market Info Trailer. Come pull up a carpet square for a couple short stories!

3:30 to 7 p.m.

Enjoy the music of Cathy DeCheine. A returning favorite from 2010, enjoy Cath’s more than a decade of songwriting and performing. Cathy believes that music is her “soul’s mission” and though she might have the makings of a rock star, the chord she’s struck with her songs rings out far more profoundly than a brief blaze of fame.